

Chronic Obstructive Pulmonary Diseases (COPD)

Target group: Physiotherapist

On completion of the course you will be able to:

- Assess and treat COPD patients

Contents:

Physiotherapy method

Diagnostic process

History

clinical assessment

measurement tools

analysis

treatment plan

Therapeutic process

physical training – respiratory rehabilitation

improvement of the inspiratory capacity

treatment possibilities for mucus clearance

self-management

patient education

multi-disciplinary approach

nutrition